



Lillia Marie Sessoms

August 24, 1953 - April 4, 2014

Lillia H. Sessoms (also known as Marie or Lil) was born on August 24, 1953 in Gates County, NC to Essie Hinton and the late Ellis Hinton, Sr. She grew up in Perquimans County, NC where she attended T.S. Cooper School and was in the first integrated class to graduate Perquimans County High School in 1971. As a student, she played slymbals in the band, was the co-president of her senior class and graduated as valedictorian. After living overseas in Germany for a few years, Lil returned to the U.S to pursue her education and became the first person in her family to attend college. She graduated from Elizabeth City State University (ECSU) (summa cum laude) in 1979 with a Bachelor of Science Degree in Comprehensive Business Education. While attending college, Lil was the first African American woman to integrate a doctor's office in Herford, NC as a medical assistant. Lil dedicated 30 years of her life fighting on the battlefield for equality and civil rights. She truly believed that people should not be judged by the color of their skin but by the content of their character. Her life was threatened numerous times for standing up for equality. As a civilian working for the United States Coast Guard, Lil worked to petition for the observation of Black History Month on the Elizabeth City Base (largest Coast Guard Base in the U.S.) and became the committee chair. She also helped to open doors for other African Americans to pursue careers as civilians with the Coast Guard. She received the fifth Coast Guard District Award for helping to improve race

relations for the Aviation Logistics Command (ALC). Lil traveled across the United States representing the Coast Guard as an inventory control and aircraft parts manager.

Lil had a heart for ministering to women. She believed that her personal testimony could help inspire other women to pursue their dreams and not fall victim to abuse or inequality. She was passionate about life and was considered

an 'encourager', speaking daily about the goodness of God to anyone who came

along her path. She had a gift for writing and spent countless hours pinning memoirs, letters and working on a book about her life and marriage. She created a newsletter called Eve's Watering Hole that specifically ministered to women. In her spare time, Lil loved to read, shop, travel, create floral arrangements, and dabbled in interior decorating. She also enjoyed volunteering

for various organizations. Lil was an advocate for educating the community about breast cancer and shared her personal experience battling the disease throughout her two year journey.

Lil was a devoted wife, mother and a true Proverbs 31 woman. She was married to Calvin (Andre) for 34 years. Their love, friendship, and dedication to the ministry of marriage was an inspiration to others, and visibly showcased the value of honoring vows before God on becoming one. She was a role model

to her girls Trequita and Ashley. Lil believed in molding her children to become strong women who would one day build legacies for generations to come. Lil was an amazing daughter to her parents. She went beyond the call of duty to make sure they had everything that they needed and was a loving sibling to her brothers and sisters as well as nieces and nephews. Lil embraced her entire

family, from immediate to extended, with warm embraces, a radiant smile, and

a caring heart. She built friendships with individuals that lasted decades and for many in just like siblings.

Leaving to her devoted Calvin A.

Sessoms of the home; her daughters:

Trequita Overton of Atlanta, GA ;

Ashley Sessoms of Hampton, VA; stepdaughters

Donta Oulaw of VA; Andreas Monger of Ahoskie, NC;

her mother: Essie Hinton; two sisters:

Pauline Hinton Elizabeth City, Hinton

of Elizabeth City, NC; brothers: Rev.

Ellis Hinton, and Artis Hinton of Belvidere, NC; and a

host of nieces, nephews, uncles, aunts,

cousins and many friends.

Cemetery Details

Westlawn Memorial Park

1909 W Main St
Elizabeth City, NC 27909

Previous Events

Visitation

APR 6. 5:00 PM - 7:00 PM (ET)

Reynolds Funeral Home
321 Maple St. N
Ahoskie, NC 27910
(252) 332-2337
info@reynoldsfuneralhomeinc.com
<https://www.reynoldsfuneralhomeinc.com>

Funeral

APR 7. 11:00 AM (ET)

Saunders Grove Missionary Baptist Church
146 Chinquapin Rd
Hertford, NC 27944

Tribute Wall



“ *Lillia Marie Sessoms*

January 28, 2023 at 07:47 AM



“ *Please accept my condolence on the loss of your loved one. Will we ever see them again? Certainly death is not a natural condition, but an enemy. The Bible gives a wonderful hope of a resurrection at John 5:28, 29 as well as the assurance that death will be swallowed up forever [Isa. 25:8]. The Bible record lists eight resurrection accounts to support this promise. When will this occur? You will find answers to this and other Bible questions at www.jw.org. or speak to Jehovah's Witnesses the next time they call at your door.*

A Friend - April 18, 2014 at 09:20 AM



“ *I just found out about Lillia's passing and I am so very deeply saddened. She was a woman whose courage never bowed to what was popular over what was right. Mine was but one of the many lives she touched through her unwavering Faith, Generosity, and Grace. She was a true leader, one that led by example and action. The years we worked together were some of the most difficult of my life. It is with my most sincere heartfelt gratitude to her, that those were also some of the most rewarding years of my life. Lillia was truly like a sister to me and not one day has passed since we last saw one another, that I have not thought of her and, until we meet again, that will not change.*

To Lillia's beautiful family, please know my prayers and thoughts are with you every day. God bless you and give you strength, "Surely goodness and mercy shall follow each of you and you shall dwell in the House of the Lord forever and ever."

Bill Creef - April 13, 2014 at 11:44 PM

MW

“ *I am sorry to hear of the loss of your dear loved one and please accept my condolences May the God who gives peace be with all of you. Amen. (Romans 15:33)*

Ms Wallace - April 07, 2014 at 08:51 PM

GW

“ *I am so sorry for your loss. Lil was one of the strongest, feistiest, and kindest women I have ever known. -Ginger Woodington*



Ginger Woodington - April 07, 2014 at 07:04 AM